



Piazza Del Sole
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Preparation for Paediatric Care Asleep

TO MINIMIZE RISK TO YOUR CHILD, THESE INSTRUCTIONS MUST BE STRICTLY FOLLOWED.

1. A medical exam is to be completed within two weeks of the date of the surgery by a family physician/paediatrician. A medical record form is included in your GA package.
2. Eating and drinking just prior to a general anaesthetic is dangerous to your child. Your child must not eat or drink anything AFTER MIDNIGHT the night before surgery. That includes NO MILK, NO ORANGE JUICE, NO BREASTFEEDING.
3. Your child may have clear liquids (eg. ½ cup or 4 oz apple juice, water, ginger ale;) up to 3 HOURS before surgery. Rest assured, your child will get fluids intravenously while asleep.
4. When in doubt, it is best not to give your child anything prior to surgery.
5. If your child requires medication the morning of the surgery, this can be taken with a minimum amount of water.
6. No aspirin products are to be given for one week prior to the surgery. Your child may take Tylenol, Tempra, Advil, Motrin.
7. Brush your child's teeth prior to surgery. Clean teeth will reduce gum bleeding during treatment.
8. Parent or legal guardian must accompany your child to and from our clinic on the day of surgery.
9. If you wish to leave the clinic while your child is in surgery please obtain permission from the dentist and you MUST provide the receptionist with a cellular number where we can reach you.
10. Depending on the length of surgery, your child will be in recovery for 30 to 60 minutes. Be prepared to spend the day in our clinic.
11. Dress your child in loose clothing. Do NOT dress your child in leotards or one-piece outfits. Please bring extra diapers or a change of clothes if needed.
12. Remove all jewelry, nail polish, contact lenses. Tie back long hair with a hair band.
13. Please have your child empty their bladder just prior to their appointment time.
14. If your child develops a cold with congestion and fever a few days before the surgery, please inform our office. We may need to reschedule the surgery date. Sniffles are acceptable.
15. If your child has been exposed to infectious diseases (eg. chicken pox, measles) prior to the surgery date, please inform our office. We may need to reschedule the surgery date.
16. You and your child should have a good night's sleep and eat well the day before the surgery. A relaxed, well-rested patient and parents with a positive attitude will do well both during the surgery and afterward.
17. We encourage you to ask Dr. Nguyen, the medical anesthetist, or our staff any questions that you may have prior and after surgery.

We look forward to seeing you and your child on _____.